



FINAL ROLL CALL



Joseph Edward Miller, age 91 passed away Thursday, January 3, 2019 at Eastern Kentucky Veterans Center. "Mike" was a U.S Navy Veteran and retired from pharmaceutical sales.



Bea Alexander, age 97 passed away Sunday, January 13, 2019 at Eastern Kentucky Veterans center. Bea was a U.S. Army Veteran.



Kenneth Lawson, age 77 passed away Thursday, January 17, 2019 at Eastern Kentucky Veterans Center. Kenneth was a U.S. Army Veteran.



Adam Kanoy Blanton, age 78, of Sitka, passed away Tuesday, January 22, 2019 at Hazard ARH. Adam was a U.S. Army Veteran.

OUR MISSION

We are committed to serving Kentucky's veterans, by fostering independence, preserving dignity, and providing compassionate care.

Paul E. Patton
Eastern Kentucky
Veterans Center



February 2019
Volume 1, Issue 10

EKVC News

A LETTER FROM THE ADMINISTRATOR

February is the month of friendship, romance and love. People around the world celebrate St. Valentine's Day with candy and flowers. We will be celebrating here by having a Valentine's party with our Veterans on the 14th.

The cold weather has rushed in on us, the activities department has done a great job planning activities for the resident's to enjoy indoors. Many new clubs have been formed and they are looking for new member's to participate, be sure to get with Matt or a member of the Activities Department to see how you can get involved.

I would like to ask everyone to consider participating in the Adopting-A-Veteran program. This adoption asks that you reach out once a month to your veteran through either a letter, phone call, or visit to the facility. There's nothing better than bringing smiles to the faces of the one's who served for us.

Inside this issue

- From the Desk of the Director of Nursing
- Resident & Staff Birthdays
- Rubber Ducky Day
- Mark Your Calendars
- Studying the Psalms
- Activities Calendar
- Puzzle Time
- Employee of the Month
- Resident Spotlight
- Human Resource Updates
- Final Roll Call

FROM THE DESK OF THE DIRECTOR OF NURSING

Happy Valentine's Day! It's hard to believe January has already ended! Time does really fly by! As always, it's an exciting time at EKVC! For the month of February the Nursing department looks forward to transitioning the Nurse Aide documentation system to Point of Care....FINALLY....We go live February 1st at 7am. We will be monitoring the progress of documentation and changing the process of things as needed. Nurse Aides, please ask for assistance and communicate any concerns that you may have. It is vital that ALL Nursing STAFF understands how to document on the system and ALL nurses know what alerts to look for and reports to monitor during your shift. There will be someone available on all shifts to assist when needed. Our next transition will be the Wound Care Module and then we will transition to the electronic Medication Records and Treatment Records. All nurses and MD's need to make sure you are inputting orders into the system so when we go live with that piece, no one will have an issue with inputting orders. We have a lot of changes coming our way and it takes all the team working together to ensure each task get completed and is successful! Remember, my door is always open if you need to see me or talk to me about anything! Thanks for all you do! Everyone stay focused in 2019 and keep on working to meet our mission and stay committed to serving Kentucky's Veterans by fostering independence, preserving dignity and providing compassionate care!

Happy Valentines Day!



HUMAN RESOURCES UPDATE

LIVE HEALTH ONLINE

With LiveHealth Online, there are no appointments and no waiting. It's quick, easy and connects you to a doctor of your choice in minutes. This service lets you securely and privately talk face-to-face with a board certified doctor through your mobile device or a computer with a webcam. LiveHealth provides 24/7 access to doctors at no cost to you. (During a visit, after you select a physical and enter your Anthem ID number, you will see the original cost change to \$0.) Use LiveHealth Online for common health concerns like colds, the flu, fevers, rashes, infections and allergies. Prescriptions sent to your pharmacy, if needed. It's faster, easier and more convenient than a visit to an urgent care center. Don't wait until you or your family get sick. Sign up for LiveHealth Online today at LiveHealthonline.com or download the app to your mobile device.

IT CAN SAVE YOU MONEY, IT'S ALWAYS YOUR DECISION, AND IT'S EASY

As a KEHP member, you can save money when you shop for your next medical procedure or test and earn a cash reward of up to \$500, for the choices you make. When your doctor recommends a preventative screening, medical procedure or diagnostic test that is on the list of services under the Vitals Smart Shopper program, visit vitalssmartshopper.com. Shop your service and receive information on high-quality, cost effective service providers in your area. If you plan to have medical services performed outside of your home area, you will need to call Vitals. Their staff will conduct a specialized search and provide you with the appropriate options. The process takes less than two minutes, and all you need is your member number from your Anthem ID card. If you shop with Vitals and use a cost-effective location, you will receive a reward check in the mail within 45-60 days of your claim being paid. To qualify for a financial incentive reward, you must shop your procedure with Vitals at least 24 hours prior to your service.

See all your healthcare benefits at KEHP.ky.gov.

RESIDENT & STAFF BIRTHDAYS

Kelsey Bailey	February 1	Robert Yates	February 17
Wanda Sexton	February 1	Jessica Taylor	February 19
Stephanie Hoskins	February 2	Cheryl Gabbard	February 20
Timothy Couch	February 4	Alma Thomas	February 22
Justin Smith	February 4	April Campbell	February 27
George Bevins	February 6	Bobby Ramey	February 29
Finley Goley	February 6		
Tamara Schmidt	February 6		
Bennie Caudill	February 9		
Reba Trent	February 12		
Donald Wagoner	February 12		
Joanie Farler	February 14		
Julia Campbell	February 16		



NEW STAFF/ STAFF CHANGES



Mildred Ritchie
Patient Aide

Michael Winkler
Administrative Specialist
III Admissions

Tara Collins
NASR I

“RUBBER DUCKY DAY”

On January 10th, we celebrated “Rubber Ducky Day” with staff and residents here at EKVC. This was a day spent launching rubber ducky’s at targets in the upstairs dining room. All participants received a rubber ducky for their participation. This was a wonderful social event enjoyed by everyone.



RESIDENT SPOTLIGHT



**JOSEPH
“JOE”
COSGROVE**

Mr. Cosgrove is a new resident at Eastern Kentucky Veterans Center and is currently residing in the Madison Neighborhood. He prefers to be called “Joe” and comes to us from the Beattyville, Lee County area of Kentucky. Joe is originally from Boston, Massachusetts and joined the Army serving three years in Korea. He then continued serving our country by serving four years in the Navy. If you get a chance to visit with Joe, do not hesitate to bring up some of his favorite topics like motorcycles, military history, and anything pertaining to sports. Make certain to ask him about how his three favorite teams are doing; the Boston Red Socks, The Boston Bruins, and no surprise here, the New England Patriots. Stop by and visit with Joe and give him a warm welcome to his new home!

EMPLOYEE OF THE MONTH



CHASITY COLLETT

Chasity has been an employee at EKVC since April 2018. Since she began she has reinstated our facility newsletter monthly. She is eager to help with the residents either on an outing or during activities within the facility. She has caught on quickly to administration duties and is an asset to the administration office.

CONGRATULATIONS CHASITY!

WE REALLY APPRECIATE ALL YOUR HARD WORK!

We would like to thank everyone that participated in the nomination process. We also want to recognize other honorable mentions for this month's nominations :

John Morgan
Rod Davidson
Robin Stacy



Wendy Jacobs was nominated as January's Employee of the Month, she was presented her certificate and gift card by Neil Napier, Administrator.

MARK YOUR CALENDARS

FEBRUARY TRAININGS

Monthly NASR VIP

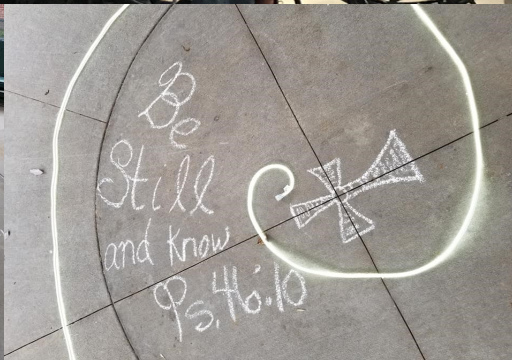
Monthly Licensed Staff Pharmacology

Point Click Care—Interact Transfer Form

- February 2nd—Groundhog Day
- February 3rd—Superbowl Party 5-8pm
- February 8th—Harley Davidson (Pikeville) Outing
- February 13th—Moment of Silence 10:15am
- February 14th—Valentine's Day
- February 20th—Wal-Mart Outing
- February 22nd—Veterans History Project 9:30am
- February 25th—Birthday Bingo Bash 2:00pm
- February 28th—Resident Council Meeting at 2:00pm.

MARCH NOMINATIONS FOR EMPLOYEE OF THE MONTH WILL BEGIN
FEBRUARY 4th AND END FEBRUARY 25th.

DEPARTMENT ELIGIBLE FOR NOMINATION:
JACKSON NEIGHBORHOOD



PUZZLE TIME

Valentine's Day Word Search

C D H P Y E F S R A Y S G U H
K H C E M G N T O M F E L K M
D A O D A U S N S K L S T U T
P N S C G R M L E I O S G X D
P O E G O T T N S W W I R X H
V C L I E L D D U C E K A C F
F E G Y R Q A C Q A R V O R O
W U L H Q F A T T X S O O Z H
C A N D Y R L T E T M O N L O
U J L Y D F I Z D S S G M G Q

candy
card
chocolate
cuddle
flowers
friend
heart



hugs
kisses
love
roses
smooch
snuggle



Spirituality **Studying the Psalms**

The Book of Psalms runs the entirety of human emotions from despair to escalation. Perhaps this is why most of these psalms were accompanied with lute and harp in the ancient world. Music and song touches a chord in us that captures how we feel better than any words on a page ever could. Psalms capture our humanity in its most vulnerable form. These sacred words offer us a glimpse of real faith in real situations.

Throughout February and part of March, we will be studying this collection of prayers and songs. Here we will discuss the different kind of psalms and trace its history to other books of the Bible.

For example: Did you know that Jesus was quoting Psalm 13 as he was on the cross saying, "Lord, Why have you forsaken me?"

The Book of Psalms is meant to be read and re-read because these words carry a life of their own as their meaning grow and change throughout our faith journey.

We plan to meet each Wednesday at 10:15am in the upper dining room. A resource guidebook is available to all who'd like to participate in this study. Some reading is recommended before each time we meet. Please visit my office if you'd like to pick up a resource book before we meet.

Until then, may God be a lamp unto your feet.

Chaplain Tammy Schmidt

FEBRUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<u>HOLIDAY'S</u> 2nd- Groundhog Day 3rd- Super Bowl Day 14th- Valentine's Day 18th- President's Day	1 <u>Bubble Gum Day!</u> 8am Coffee/Social Hour-UDR/DA 10am Painting Class-UDR/DA 2pm Movie "Groundhog Day" & Popcorn-UDR	2 <u>Groundhog Day!</u> 9am Coffee/Social Hour-UDR/DA 10am Inquisitor's Club- Library 11am Jason Smith- Singing/Bible Study 2pm BINGO with Treats-UDR
3 <u>SUPERBOWL DAY!</u> 10-11am Morning Café/Current Events-UDR/DA 3pm Church-Indian Bottom Association-UDR 4pm BINGO-UDR 5-8pm SUPERBOWL PARTY!-UDR/DA	4 <u>Thank a Mailman Day!</u> 8am Morning Café/Current Events-UDR/DA 10 Remote Control Cars-UDR/DA 1-2pm Music Therapy-UDR/DA 2pm BINGO BASH-UDR 6pm KY MNT RADIO CLUB-MPR	5 <u>Weatherman's Day!</u> 8am Morning Café/Current Events-UDR/DA 9-11am Room & Pet Visits-All 1-3pm Room Visits-All (Hygiene Products) 5:30pm VFW BINGO Outing	6 <u>Lame Duck Day!</u> 8am Coffee/Social Hour-UDR/DA 9:30 Rec Meeting- Rec Kitchen 10:15am Bible Talk-UDR 1pm Wal-Mart Outing!	7 <u>Mail a Card Day!</u> 8am Coffee/Social Hour-UDR/DA 9-11 Newspapers & Room Visits-All 2pm Pool Tournament-UDR 2pm Music Therapy-DA 7pm Gospel Light Church-UDR	8 <u>Kite Flying Day!</u> 8am Coffee/Social Hour-UDR/DA 10am Wood Working Class-UDR 10am Puzzle Time-DA 1pm <u>Harley Davidson Store</u> Outing in Pikeville!	9 <u>National Pizza Day!</u> 9am Coffee/Social Hour-UDR/DA 10am Inquisitor's Club- Library 11am Jason Smith- Singing/Bible Study 2pm BINGO with Treats-UDR
10 <u>Umbrella Day!</u> 8-11am Morning Café/Current Events-UDR/DA 12-3 Room Visits with Snacks-All 3pm Church-Gospel Light-UDR 4pm BINGO-UDR	11 <u>Make a Friend Day!</u> 8am Morning Café/Current Events-UDR/DA 10am Painting Class-UDR/DA 1-2pm Music Therapy-UDR/DA 2pm BINGO BASH-UDR	12 <u>Lincoln's Birthday!</u> 8am Morning Café/Current Events-UDR/DA 10am Music Therapy-DA 10am <u>Military Medals</u> -UDR 1-3 Room Visits-All (Books/Mag) 5:30pm VFW BINGO Outing	13 <u>World Radio Day!</u> 8am Coffee/Social Hour-UDR/DA 9:30 Rec Meeting- Rec Kitchen 10:15am Moment of Silence & Bible Talk-UDR 1pm Wal-Mart Orders	14 <u>VALENTINE'S DAY!</u> 8am Coffee/Social Hour-UDR/DA 9-11 Newspapers & Room Visits-All 2pm Valentine's Day Party!-UDR/DA 3pm BINGO-UDR 7pm Gospel Light Church-UDR	15 <u>Thesaurus Day!</u> 8am Coffee/Social Hour-UDR/DA 10am Leather Workshop-UDR 10am Balloon Time!-DA 2pm Poker Tournament-UDR 2pm Pet Therapy-DA	16 <u>Popcorn Day!</u> 9am Coffee/Social Hour-UDR/DA 10am Inquisitor's Club- Library 11am Jason Smith- Singing/Bible Study 2pm BINGO with Treats-UDR
17 <u>Acts of Kindness Day!</u> 8-11am Morning Café/Current Events-UDR/DA 12-3 Room Visits with Snacks-All 3pm Church-Hazard Village-UDR 4pm BINGO-UDR	18 <u>President's Day!</u> 8am Morning Café/Current Events-UDR/DA 10 Remote Control Cars-UDR/DA 1-2pm Music Therapy-UDR/DA 2pm BINGO BASH-UDR	19 <u>Chocolate Mint Day!</u> 8am Morning Café/Current Events-UDR/DA 9-11am Room & Pet Visits-All 1-3pm Room Visits-All (Clothes) 5:30pm VFW BINGO Outing	20 <u>Cherry Pie Day!</u> 8am Coffee/Social Hour-UDR/DA 9:30 Rec Meeting- Rec Kitchen 10:15am Bible Talk-UDR 1pm Wal-Mart Outing!	21 <u>National Sticky Bun Day!</u> 8am Coffee/Social Hour-UDR/DA 9-11 Newspapers & Room Visits-All 2pm TRIVIA TOURNAMENT-UDR 2pm Wii Games-DA 7pm Gospel Light Church-UDR	22 <u>Margarita Day!</u> 8am Coffee/Social Hour-UDR/DA 9:30am Veterans History Project-Library 9:30am Pet Therapy-DA 2pm Movie/ Root Beer Floats, & Popcorn-UDR/DA	23 <u>Dog Biscuit Day!</u> 9am Coffee/Social Hour-UDR/DA 10am Inquisitor's Club- Library 11am Jason Smith- Singing/Bible Study 2pm BINGO with Treats-UDR
24 <u>Tortilla Chip Day!</u> 8-11am Morning Café/Current Events-UDR/DA 12-3 Room Visits with Snacks-All 3pm Church-Smithboro Baptist-UDR 4pm BINGO-UDR	25 <u>Cupcake Day!</u> 8am Morning Café/Current Events-UDR/DA 10am Painting Class-UDR/DA 2pm Birthday BINGO BASH-UDR 3:30pm Art Club Meeting-UDR	26 <u>Pistachio Day!</u> 8am Morning Café/Current Events-UDR/DA 9-11am Room & Pet Visits-All 2pm <u>Gemstones</u> -UDR/DA 5:30pm VFW BINGO Outing	27 <u>Polar Bear Day!</u> 8am Coffee/Social Hour-UDR/DA 9:30 Rec Meeting- Rec Kitchen 10:15am Bible Talk-UDR 1pm Wal-Mart Orders 2pm	28 <u>Public Sleeping Day!</u> 9am Coffee/Social Hour-UDR/DA 10am Music Therapy-UDR/DA 2pm Council Meeting-UDR 3-5pm Room Visits-All 7pm Gospel Light Church-UDR	<u>RESIDENT CLUBS:</u> GARDEN CLUB, HISTORY CLUB, INQUISITOR'S CLUB, ART CLUB, COOKING CLUB, & BIBLE TALK	SALON OPENED-MONDAY THRU FRIDAY FROM 8:30 TO 4PM MAIL DELIVERED IN THE AFTERNOONS! PET VISITS AT VARIOUS TIMES THROUGHOUT THE WEEK!