



FINAL ROLL CALL



OUR MISSION

We are committed to serving Kentucky's veterans, by fostering independence, preserving dignity, and providing compassionate care.

Paul E. Patton
Eastern Kentucky
Veterans Center



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EKVC News

A LETTER FROM THE ADMINISTRATOR

February brought rain all month, I don't know about you but I am ready for Spring, sunshine and warmer temps.

Flu season has been in full swing and we have limited visitors and outings in hopes to prevent it from coming in the building. The Activities Department once again has done a wonderful job keeping the residents occupied during this period.

Lots of exciting things are on the horizon, check out our calendar for all the upcoming events.

I do want to encourage all staff to participate in the Employee of the Month Nominations and our \$1 Jeans Days. All proceeds from Jeans Day go to the Employee Recognition Fund to purchase the gift cards. Coming soon we will have information on voting for Employee of the Year, stay tuned for that.

As always if I can be of any assistance to you please let me know, my door is always open.

Inside this issue

- From the Desk of the Director of Nursing
- Resident & Staff Birthdays
- New Staff/Staff Changes
- Mark Your Calendars
- Studying the Psalms
- Activities Calendar
- Puzzle Time
- Employee of the Month
- Resident Spotlight
- Human Resource Updates
- Fight the Flu
- Final Roll Call

FROM THE DESK OF THE DIRECTOR OF NURSING

Congratulations to ALL EKVC Nursing Staff on having a successful, transition to Point of Care documentation! I know it has been a learning experience for everyone, but with everyone working together as a team, the transition was not that bad. Now we just need to work on fine tuning it.

It continues to be a very busy time within the Nursing Department, as we are always learning new things. Our next goal is to transition the wound care documentation within Point Click Care. The goal is to be ready by April 1st.

The final implementation of Point Click Care will be Pharmacy Services. This will be the most difficult. We will transition late spring/early summer. Good luck to all of us during this time!

We all can take a moment and be thankful as we continue to work diligently each and every day and continue to be committed to serving Kentucky's Veterans by fostering independence, preserving dignity and providing compassionate care! I appreciate everyone's hard work and dedication you show to our veteran's! Thank you!



Get vaccinated

Influenza or "flu" can cause serious illness. Vaccination is the best way to protect yourself and your family.



Cover your cough or sneeze

Cover your mouth and nose with your sleeve or a tissue when you cough or sneeze. Toss your used tissue in the waste basket and wash your hands.



Wash your hands

Wash your hands often with soap and water or use an alcohol-based hand cleaner.



Avoiding touching your eyes, nose, and mouth

If you touch surfaces with the flu virus, you can get the flu by touching your eyes, nose, or mouth.



Stay home if your sick

Flu viruses go wherever you go. When you are infected stay at home and check with your healthcare provider when needed.

HUMAN RESOURCES UPDATE

KENTUCKY EMPLOYEES ASSISTANCE PROGRAM (KEAP)

Problems in your personal life??? Problems at work??? It's impossible not to have one affect the other, and vice versa.

Our lives are filled with increased demands, anxiety and stress. Day-to-day responsibilities can be challenging enough, but when additional, unexpected burdens are added, we can quickly lose our way.

KEAP is dedicated to helping employees find resources for personal concerns such as family issues, emotional distress, stress, anxiety, depression, alcoholism or drug abuse, financial concerns, grief and loss, home or workplace violence, or job stress challenges. KEAP services are confidential and are available to all state employees and their dependents. There is no cost for information or referral services.

KEAP staff are licensed or certified by the Kentucky Board of Psychology and experienced in assisting those with personal and work-related issues.

If you or a dependent are dealing with a difficult situation, you may contact your Kentucky Employee Assistance Program by calling 1-800-445-5327

RESIDENT & STAFF BIRTHDAYS

Brenda Bentley	March 2	Rose Strong	March 15
Stacy Feltner	March 2	Irma Johnson	March 20
Deborah Sampsell	March 4	Elizabeth Travis	March 22
Clyde Wilson	March 6	James Wolford	March 22
James Fugate	March 7	Jennifer Shepherd	March 23
Keith Slone	March 8	Joshua Shepherd	March 23
Levon Slone	March 8	Stephen Noe	March 24
Barbara Westerfield	March 8	Melinda Bowling	March 24
Chelsea Baker	March 9	Bobby Keller	March 26
Neil Napier	March 10	Kendall Shepherd	March 26
Zola Haynes	March 11	Kayra Combs	March 28
Connie Grigsby	March 14	Margaret Webb	March 28
James Peyton	March 14	Josephine Eversole	March 31

NEW STAFF/ STAFF CHANGES



Beulah Wooton
Housekeeper

Brandy Lucas
Office Support
Assistant II

Jeannie Hoskins
NASR I

RESIDENT SPOTLIGHT

PAUL NANTZ



Mr. Nantz is a new resident at the Eastern Kentucky Veterans Center (EKVC)

and is currently residing in the Madison Unit. Paul comes to us from the Pine Mountain, Harlan County area of Kentucky. He joined the Army in 1968 and served three years in the military. Mr. Nantz served a tour in Vietnam with the famous 17th Cavalry "Air Cav" regiment. When Paul finished his military obligation, he returned to Kentucky and worked in the coal mining industry until he retired. Please stop by and take a moment to visit with Paul. He loves to chat about hunting, fishing, westerns, family, and the woods of Kentucky. During the month of March, help welcome Mr. Nantz to his new home by asking him to tell you stories about the people and the region around Pine Mountain, Kentucky.



EMPLOYEE OF THE MONTH



ANGELA DEAN

Angie is a nurse aide on the Jackson Neighborhood. She was hired October 16th, 2018. Angie goes the extra mile to ensure that she provides each of the residents she cares for the best care possible! Angie can be found spending extra time with the veteran's in the resident lounge interacting and conversing with them. Angie is willing to come in to help cover the schedule as needed on her days off and she is also willing to work over to ensure staffing levels stay where they need to be. She has proven to be an asset to EKVC as she has shown that our missions takes priority.

CONGRATULATIONS ANGELA!

WE REALLY APPRECIATE ALL YOUR HARD WORK!

We would like to thank everyone that participated in the nomination process. We also want to recognize other honorable mentions for this month's nominations :

Tamara O'Malley
Jane Hamilton
Marissa Cornett



Chasity Collett was nominated as February's Employee of the Month, she was presented her certificate and gift card by Neil Napier, Administrator.

MARK YOUR CALENDARS

MARCH TRAININGS

Monthly NASR VIP

Monthly Licensed Staff Pharmacology

Point Click Care—Interact Transfer Form

- March 1st—World Day of Prayer
- March 6th—Ash Wednesday Ceremony
- March 13th—Moment of Silence 10:15am
- March 15th—Captain D's Outing
- March 17th—Saint Patrick's Day
- March 20th—Wal-Mart Outing
- March 22nd—Veterans History Project 9:30am
- March 28th—Resident Council Meeting
- March 30th—Harley Davidson & Wildcat Flea Market

APRIL NOMINATIONS FOR EMPLOYEE OF THE MONTH WILL BEGIN MARCH 4th AND END MARCH 25th.

**DEPARTMENT ELIGIBLE FOR NOMINATION:
DIETARY & ACTIVITIES**



PUZZLE TIME



Word Search



See how many of these newspaper related words you can find in the puzzle. The words can be forward, backward or diagonal.

Created by Sue Lindhead
Grand Forks Herald 2013

- | | | | |
|------------|-------------|-----------|----------------|
| 1. HOLIDAY | 5. GREEN | 9. CLOVER | 13. LEPRECHAUN |
| 2. SAINT | 6. SHAMROCK | 10. LUCK | 14. RAINBOW |
| 3. PATRICK | 7. FOUR | 11. POT | 15. MARCH |
| 4. IRISH | 8. LEAF | 12. GOLD | 16. SEVENTEEN |

Spirituality

Studying the Psalms

BY REV. TAMMY SCHMIDT



March marks the beginning of a new season! For many Christians, this month begins the journey towards Easter where we celebrate Christ's victory over death and our adoption into the new covenant as beloved children of the living God.

To prepare for that glorious day, we will first acknowledge our sinfulness and our need for repentance on Ash Wednesday (March 6th). Ashes will be deposited on our foreheads or the back of the hand to symbolize that we are repentant and seek God's forgiveness.

Then, we will journey towards Easter as we retell the Gospel through art with tile and mortar to hang in the garden this summer. Work will be ongoing throughout March and April. Look for "Mosaic Tile Class" in the March and April calendars.

During Holy Week, we will observe Good Friday in the multipurpose room the evening of April 19th. It is a solemn service of Scripture readings and art. Family and community members are welcome to join us that evening.

May Christ's blessings fill you with peace today.

Chaplain Tammy Schmidt

Social Worker Appreciation Month

MARCH 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ATTENDANCE KEY CODE</p> <p>RED-SPECIAL EVENTS/DAYS</p> <p>GREEN- OUTINGS</p> <p>BLUE-OUTSIDE GROUPS</p> <p>BLACK-ACTIVITIES FOR ALL</p> <p>ALL-ADAMS, MADISON, JACKSON</p>	<p>NCAA Basketball</p> <p><i>March Madness Starts the 17th</i></p> <p><i>And Sweet Sixteen starts the 28th</i></p> <p><i>Final Four 4/6 & 4/8</i></p> <p><i>Brackets available-Rec Office</i></p>	<p>OUTINGS!</p> <p>VFW Bingo-5th, 12th, 19th, & 26th</p> <p>Wal-Mart-6th, & 20th</p> <p>Harley Davidson Store & the Wildcat Flea Market- 30th</p> <p>Captain D's- 15th</p>	<p>SALON OPENED -MONDAY THRU FRIDAY FROM 8:30 TO 4PM</p> <p>MAIL DELIVERED IN THE AFTERNOONS!</p> <p>PET VISITS AT VARIOUS TIMES THROUGHOUT THE WEEK!</p>	<p>RESIDENT CLUBS-</p> <p>GARDEN CLUB, HISTORY CLUB, INQUISITOR'S CLUB, ART CLUB, COOKING CLUB, & BIBLE TALK</p>	<p>1 World Day of Prayer!</p> <p>Display Your Prayer Flag!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>10am Painting Class-UDR/DA</p> <p>2pm Movie "Young Frankenstein" (Comedy) & Popcorn-UDR</p>	<p>2 Banana Cream Pie Day!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>10am Inquisitor's Club- Library</p> <p>11am Jason Smith- Singing/Bible Study</p> <p>2pm BINGO with Treats-UDR</p>
<p>3 Caregiver Appreciation Day!</p> <p>9-11am Coffee/Social-UDR/DA</p> <p>12-3 Room Visits with Snacks-All</p> <p>3pm Church-Indian Bottom Association-UDR</p> <p>4pm BINGO-UDR</p>	<p>4 HUG a GI Day!</p> <p>9am Morning Café/Current Events-UDR/DA</p> <p>10am Baking Cookies-UDR/DA</p> <p>1-2pm Music Therapy-UDR/DA</p> <p>2pm BINGO BASH-UDR</p> <p>6pm KY MNT RADIO CLUB-MPR</p>	<p>5 Mardi Gras/Fat Tuesday!</p> <p>9am Morning Café-UDR/DA</p> <p>9-11am Room & Pet Visits-All</p> <p>10-3pm Big Creek Missions</p> <p>1-3 Room Visits-All (Sound Sensory)</p> <p>5:30pm VFW BINGO Outing</p>	<p>6 Ash Wednesday!</p> <p>9am Morning Café/Current Events-UDR/DA</p> <p>9:30 Rec Meeting- Rec Kitchen</p> <p>10am Ash Wednesday Ceremony & the Beginning of Lent-UDR</p> <p>1pm Wal-Mart Outing!</p>	<p>7 Alexander Graham Bell Day!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>9-11 Newspapers & Room Visits-All</p> <p>2pm Pool Tournament-UDR</p> <p>2pm Music Therapy-DA</p> <p>7pm Gospel Light Church-UDR</p>	<p>8 Working Women's Day!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>10am Mosaic Tile Class-UDR</p> <p>10am Puzzle Time-DA</p> <p>1-2pm Karaoke Time-UDR</p> <p>2:30pm Movie "Secondhand Lions" Ice-Cream-UDR</p>	<p>9 Get Over It Day!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>10am History Club- Library</p> <p>11am Jason Smith- Singing/Bible Study</p> <p>2pm BINGO with Treats-UDR</p>
<p>10 Daylight Savings Begins!</p> <p>9-11am Coffee/Social-UDR/DA</p> <p>12-3 Room Visits with Snacks-All</p> <p>3pm Church-Gospel Light-UDR</p> <p>4pm BINGO-UDR</p>	<p>11 Johnny Appleseed Day!</p> <p>9am Morning Café/Current Events-UDR/DA</p> <p>10am Painting Class-UDR/DA</p> <p>1-2pm Music Therapy-UDR/DA</p> <p>2pm BINGO BASH-UDR</p>	<p>12 Plant a Flower Day!</p> <p>9am Morning Café-UDR/DA</p> <p>10-3pm Big Creek Missions</p> <p>10-11am Music Therapy-DA</p> <p>1-3 Room Visits-All (Aroma/Plants)</p> <p>5:30pm VFW BINGO Outing</p>	<p>13 Jewel Day!</p> <p>9am Morning Café/Current Events-UDR/DA</p> <p>9:30 Rec Meeting- Rec Kitchen</p> <p>10:15am Moment of Silence & Bible Talk-UDR</p> <p>1pm Wal-Mart Orders</p>	<p>14 Potato Chip Day!</p> <p>9am Coffee/Social-UDR/DA</p> <p>9-11 Newspapers & Room Visits-All</p> <p>1-2pm Music Therapy-UDR/DA</p> <p>2:30pm Corn Hole Tournament-UDR</p> <p>7pm Gospel Light Church-UDR</p>	<p>15 Ides of March!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>10am Leather Workshop-UDR</p> <p>10am Balloon Time-DA</p> <p>11:30am-1ish Captain D's Trip!</p> <p>2:15pm Movie "The Sandlot" & Popcorn-UDR</p>	<p>16 Sports Car Racing Day!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>10am Inquisitor's Club- Library</p> <p>11am Jason Smith- Singing/Bible Study</p> <p>2pm BINGO with Treats-UDR</p>
<p>17 Saint Patrick's Day!</p> <p>9-11am Coffee/Social-UDR/DA</p> <p>12-3 Room Visits with Snacks-All</p> <p>3pm Church-Hazard Village-UDR</p> <p>3:30-5pm St. Patty's Day Party!</p> <p>(Special BINGO, green punch, sugar cookies, and snacks!)</p>	<p>18 Biodiesel Day!</p> <p>9am Morning Café/Current Events-UDR/DA</p> <p>10am Mosaic Tile Class-UDR</p> <p>1-2pm Music Therapy-UDR/DA</p> <p>2pm BINGO BASH-UDR</p>	<p>19 Let's laugh Day!</p> <p>9am Morning Café-UDR/DA</p> <p>9-11am Room & Pet Visits-All</p> <p>10-3pm Big Creek Missions</p> <p>1-3pm Room Visits-All (Hygiene)</p> <p>5:30pm VFW BINGO Outing</p>	<p>20 Alien Abduction Day!</p> <p>9am Morning Café/Current Events-UDR/DA</p> <p>9:30 Rec Meeting- Rec Kitchen</p> <p>10:15am Bible Talk-UDR</p> <p>1pm Wal-Mart Outing!</p> <p>SPRING BEGINS :)</p>	<p>21 Fragrance Day!</p> <p>9am Coffee/Social-UDR/DA</p> <p>9-11 Newspapers & Room Visits-All</p> <p>2pm ROOK TOURNAMENT-UDR</p> <p>2pm Wii Games-DA</p> <p>7pm Gospel Light Church-UDR</p>	<p>22 Sing & Goof Off Day!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>9:30am Veterans History Project-Library</p> <p>9:30-11am Pet Therapy-DA</p> <p>2pm Movie "The Magnificent Seven" Root Beer Floats- UDR/DA</p>	<p>23 Chip & Dip Day!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>10am History Club- Library</p> <p>11am Jason Smith- Singing/Bible Study</p> <p>2pm BINGO with Treats-UDR</p>
<p>24/31 Chocolate Raisin Day!</p> <p>9-11am Coffee/Social-UDR/DA</p> <p>12-3 Room Visits with Snacks-All</p> <p>3pm Church-Smithboro Baptist-UDR</p> <p>4pm BINGO-UDR</p>	<p>25 Pecan Day!</p> <p>9am Morning Café/Current Events-UDR/DA</p> <p>10am Painting Class-UDR</p> <p>10am Martin Branch Church-DA</p> <p>2pm Birthday BINGO BASH-UDR</p>	<p>26 Spinach Day!</p> <p>9am Morning Café-UDR/DA</p> <p>9-11am Room & Pet Visits-All</p> <p>10-3pm Big Creek Missions</p> <p>2pm Checkers & Chess-UDR</p> <p>2pm Arts & Crafts Class -DA</p> <p>5:30pm VFW BINGO Outing</p>	<p>27 World Theatre Day!</p> <p>9am Morning Café/Current Events-UDR/DA</p> <p>9:30 Rec Meeting- Rec Kitchen</p> <p>10:15am Bible Talk-UDR</p> <p>1pm Wal-Mart Orders</p>	<p>28 Something on a stick Day!</p> <p>9am Coffee/Social-UDR/DA</p> <p>10am Music Therapy-UDR/DA</p> <p>2pm Council Meeting-UDR</p> <p>3-4 Karaoke Time- UDR</p> <p>7pm Gospel Light Church-UDR</p>	<p>29 Vietnam Veterans Day!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>10am Mosaic Tile Class-UDR</p> <p>10am Puzzle Time-DA</p> <p>2pm BINGO with Treats -UDR</p>	<p>30 Walk in the Park Day!</p> <p>9am Coffee/Social Hour-UDR/DA</p> <p>10am-5pm Trip to the Harley Davidson Store and the Wildcat Flea Market in London!</p> <p>11am Jason Smith- Singing/Bible Study</p>